



“Dr. Schwarzbein is the ultimate teacher. She offers a groundbreaking, concise 5 step nutrition and lifestyle program that helps balance all hormones and also heals a damaged metabolism, if needed. Her approach has allowed me to help countless numbers of grateful patients from across the United States and Canada. Through abundant referrals from Dr. Schwarzbein, and then through family members, friends and loved ones who have benefited from her approach, my practice has been propelled to a national level of recognition in four short months. In our aging population, both men and women demand Dr. Schwarzbein’s successful aging approach. The only limiting factor is the number of qualified providers available to offer it.”

~ Prudence Hall, M.D.

Since the publication of her first book, “The Schwarzbein Principle”, Dr. Diana Schwarzbein has been contacted by many patients from all over the country interested in finding a local health care practitioner who can help them follow her 5-Step lifestyle program. With the release of Suzanne Somers’ latest book, “The Sexy Years”, and her latest book, “THE PROGRAM”, the need for health care providers well versed in her principles has become overwhelming.

After completing the Level 1 two-and-a-half day course, you are eligible to become a Level 1 Schwarzbein Referral Practitioner (“SRP”) and capitalize on Dr. Schwarzbein’s national recognition and popularity by joining her referral network. The idea behind these SRP courses is to identify those of you who are qualified to help patients follow the Schwarzbein Principle Program. These patients are then able to stay close to home and be seen by you, their local SRP.

Taking the Level 1 seminar is the first step toward becoming a qualified Referral Practitioner for the first 4 steps of the Schwarzbein Principle Program:

- Step 1: Healthy Nutrition
- Step 2: Stress Management and Sleep
- Step 3: Tapering Off of Toxic Chemicals
- Step 4: Smart Exercise

Please see the application form on our website for more information on becoming an SRP.

Thanks to our Sponsors!





Register Now For Our Upcoming  
SRP Level 1 Seminar

February 17-19, 2006

Denver, CO



Presented by Dr. Diana Schwarzbein,  
with Rae Lynn Riedel, D.C. and Randy Bimestefer L.AC

Friday -	Feb 17, 2006	Registration 8:00 am; session 9:00 am to 5:00 pm
Saturday -	Feb 18, 2006	8:00 am to 5:00 pm
Sunday -	Feb 19, 2006	8:00 am to 1:00 pm

The seminar will be held at The Loews Georgio Hotel, 4150 E. Mississippi Avenue, Denver, CO. Please Contact the hotel directly for room reservations (303-782-9300). Special Room Rates are available until January 18. The Loews Denver Hotel is centrally located near the prestigious Cherry Creek Shopping and Dining District of Denver. It is 26 miles from the Denver International Airport, and the beautiful Rocky Mountains are just one hour away.

<u>Cost:</u>	<u>Seminar Only</u>	
	Paid by February 7th	\$550
	Paid February 8th - February 17th	\$600
	<u>Seminar and Test</u>	
	Paid by February 7th	\$900
	Paid February 8th - February 17th	\$950

Pre-requisite: "Schwarzbein Principle II" to be read before seminar

<u>Includes:</u>	<u>Seminar Only</u>
	Course Materials
	The New Book - "The Schwarzbein Principle - The Program"
	Resource Materials
	<u>Seminar and Test</u> - all the above plus
	Level I Exam*
	3-Month Web Site Listing - if test is passed

\*Two test date options: Saturday, Mar. 18th and Monday, Mar. 20th.  
(Test will be conducted via e-mail)

To apply for this Course, please phone (303) 698-2700  
*Space is Limited - Please Register Early!!!*